



We're in part six of a seven week sermon series looking at fear, worry, and anxiety. Throughout this series we've talked about trusting God to provide all we need. We've looked at anxiety and how crippling that can be. Fear can do the same. The problem with fear is it's contagious, it's limiting, and it's emotionally draining. Fear is a spiritual issue, it reveals where we've placed our trust and where we're hoping our deliverance will come from. Fear is faith pointed in the wrong direction. The Scripture teaches us that we are lacking nothing, that we can trust God in our dark times, there is an eternal hope in Christ.

1. In the aftermath of the 1994 Northridge Earthquake it was determined that over 100 people literally died from fear. What is something that you are so deeply afraid of that if it happened you might die from fear?
2. **Read Psalm 23:1-3.** David teaches us that The Lord is our good shepherd. Under the care of the Lord we lack nothing. Where have you seen God provide for your life in tangible ways? Share a specific story with your group.
3. In the sermon we learned that: God gives us rest, God refreshes our soul, and God guides us along the right path. Which one of those truths do you need to be a reality in your life this week? Choose one truth and share it with your group.
4. **Read Psalm 23:4.** David teaches us that God will walk with us during the darkest moments of our lives. **Read 2 Corinthians 10:4-5, Colossians 3:1-2, and Ephesians 3:20.** When have you seen God walk you through a dark time in your life?
5. **Read Psalm 23:5-6.** Sometimes we wonder if God has good plans for us and what that good plan looks like. **Read Ephesians 2:8-10 and Jeremiah 17:9.** What do these passages teach us about the good things God has for our lives?
6. David teaches us not to give fear a seat at our table. Sometimes fear can be so crippling, so overwhelming, and so intense that we don't know how to combat it. **Read Joshua 1:9, Deuteronomy 31:6, Isaiah 41:10, and 2 Timothy 1:7.** How do you combat fear in your life and not give fear a seat at the table of your life?

Small Group Questions | The Good Shepherd | Psalm 23



7. The Psalm ends with an eternal promise of dwelling in the house of the Lord forever. Jesus extended this promise to the disciples in John 14:1-4. What other passages of Scripture give you eternal hope in heaven?

8. Close your time in prayer. Pray for strength to invite a friend to meet Jesus.