



Jesus: Our Eternal Rest | Small Group Questions

Hebrews 4:1-13

In Sunday's message, **Jesus: Our Eternal Rest**, we dive into Hebrews Chapter 4 - a passage that challenges us to hold fast to our faith in God's promise. The author directs our eyes to the Israelites in the wilderness, reminding us of their inability to enter into the promised land due to their unbelief. We see that unbelief and faith both bear visible fruit, and are encouraged to look ahead to our "promised land" as we navigate our lives in faith.

1. At the start of this week's message, Blaze brought up the difference in resting patterns between him and Rachel. Are you someone who needs to get all their tasks done before being able to rest?
2. Can you see why the author of Hebrews would use the terms "unbelief" and "disobedience" almost interchangeably? What are some examples of the unbelief of the Israelites in the wilderness?
3. This Sunday, Blaze used an example of a dead tree with apples taped all over it. Could you relate with this idea? Have you ever tried to tape on fruit in your life?
4. The illustration of the tornado heading for your house was an example of what true faith looks like. What actions might God be calling you to in faith?
5. To bring up Blaze's question that was asked at Coastline Student Ministries, "Being truly honest with yourself, are you excited for heaven? Why or why not?"
6. If Jesus played a role in preparing this world for us, what causes us to doubt His preparations in the one to come?
7. The message concluded with some heavy words in **Hebrews 4:11-13**. In reading this passage, what stands out to you?
8. Can you see the importance of God's word in your life?