



The story of Moses is a familiar one within the Christian church. We're taught about his childhood, the forty years he spent in the desert and about him leading the nation of Israel to the edge of the Promise Land. Sometimes, however, we overlook his preparation process. Moses was born to a Hebrew family in Egypt during the time when it was dangerous for Hebrew families to have children due to a law that stated all baby boys were to be put to death at birth. Despite this, Moses survived, was raised in the palace in Egypt and groomed for leadership. Study the questions below and consider how solitude shaped Moses' life.

1. We live in a time where we are bombarded with content. There are billions of hours of YouTube consumed on a regular basis. You could watch Netflix for years. What is your biggest barrier to getting solitude with the Lord?
2. **Read Exodus 2:11-15.** Moses had a lot to sort through in his life. He was a murderer who was chased out of Egypt by his stepfather. How do you think Moses began to process his childhood in solitude? What do you think he learned about himself?
3. Something changed in Moses during the 300 mile walk from Egypt to Midian. **Read Exodus 2:15-17.** Moses still had a strong sense of justice but learned to control his actions. How has sitting still before the Lord helped shaped you? (**See Psalm 46:10.**)
4. When Moses arrived in Midian it was clear that he was unclear about his identity. **Read Exodus 2:18-25.** But something changed in him as he sat with the Lord, gave up his dreams, and got involved in community. Share about a time in your life when you sat with the Lord, and it shaped you.
5. The Bible is full of people who have been shaped by times of solitude with the Lord. **Read 1 Kings 19:1-9, Psalm 118:6, and Matthew 4:1-11.** Looking at Moses, Elijah, and Jesus what are some similarities that you see in their times of solitude?
6. Neal defined solitude as intentional time in quiet to be with the Lord. He invited us to read **1 Samuel 3:10, Psalm 46:10, and Psalm 139:23-24.** When you look at these verses which one are you going to bring with you in your next time of solitude?
7. To make solitude a spiritual discipline it will require planning ahead. Solitude won't happen on accident. Solitude can feel boring, and we need to be prepared for that. Do you have any desire to be in solitude with the Lord? Why or why not?
8. Close your time in prayer.